

## Social Skills Training and Frustration Management

Jed Baker



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#### Social Skills Training and Frustration Management Jed Baker

This dynamic and comprehensive presentation is extremely valuable to all family members and professionals working with individuals with autism spectrum disorders, attention deficit disorders, learning disabilities, mood and anxiety disorders, and other issues that impact social-emotional functioning. Learn how to: build an individual's social skills in crucial areas such as conversation, conflict resolution, emotion management, employment, dating, etc.; develop an effective behavior plan; manage and prevent meltdowns; help create peer acceptance; and, assess social skills of individuals or groups.

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