



Losing Everything

David Lozell Martin

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In *Losing Everything*, his first book of nonfiction, acclaimed novelist David Lozell Martin tells his wildest, most outlandish story yet -- his own.

One evening in the mountainous forest of his isolated West Virginia farmhouse, Martin became disoriented when searching for a horse who had wandered off the property. Wading through the dark and guiding his horse with a belt around its neck, Martin felt as though every step was taking him deeper into the mountains. Instead, he unknowingly spent the night walking in a wide circle that brought him back to where he started. This quickly became a metaphor for Martin's life. "The more lost I get, the closer to home I come."

After growing up with a violent father who nearly killed Martin's clinically insane mother, Martin pursued a writer's life with a vengeance, becoming vulnerable to struggles with alcohol, financial ruin, and legal feuds. Then, after a betrayal by his soul mate, Martin's sanity was in as much jeopardy as his mother's had ever been -- a state of mind that in his case led to gunfire, divorce, and at least one trip to the emergency room.

But *Losing Everything* is less about getting lost and more about finding your way home again. In his pursuit of stability, Martin uncovered lessons that might help others who have encountered loss: take pleasure in something as small as an ampersand, keep a list of people you know who have died, meet your own death like a warrior, and be glad you don't own a monkey.

Deeply personal yet surprisingly universal, Martin's story is for anyone who has wandered astray. If not a road map, his journey is a guide, providing hard-earned wisdom to illuminate the path home.

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