



The Complete Idiot's Guide to Ballroom Dancing

Jeffrey Allen

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Ballroom dancing is back! And now anyone can move like a pro. DVD included!

In addition to the step-by-step photos, footwork illustrations, and instruction covering all the common ballroom dances, this new edition of the bestselling *Complete Idiot's Guide® to Ballroom Dancing* includes a 90-minute instructional DVD featuring award-winning dancer and dance instructor Jeff Allen. It corresponds with the text seamlessly, giving readers the next best thing to one-on-one instruction, at a fraction of the cost.

- The #1 selling ballroom dancing book
- Includes a fantastic, new instructional DVD and hundreds of illustrations and instructions
- Allen is a renowned, award-winning ballroom-dance teacher

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