

Comfort of Apples: Modern Recipes For An Old-Fashioned Favorite

Lauren Rubin

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Nearly 100 surprising and savory recipes
for a favorite fruit

The idea for *The Comfort of Apples* came to chefs Philip and Lauren Rubin when, after an afternoon spent picking apples at a local orchard, they looked at each other and wondered, "What do we *do* with them?" With the abundance of apples filling farmer's markets, supermarket produce sections, and orchards every fall, it is a rare soul who doesn't wind up with a veritable bounty of apple varieties filling their larder for at least several months out of the year. And yet many cooks don't realize that apples have infinite cooking applications beyond sauces, crisps, and pies. As this beautifully illustrated book shows, they can be julienned raw in a salad; poached whole in wine; used in the form of cider as a deglazing or braising liquid; fermented into warm drinks; or juiced and turned into sorbet. The list goes on.

Excited by the many uses for the humble apple, the authors here share nearly one hundred original recipes that will take the home cook beyond the basics?recipes for breakfast, appetizers, entrees, and desserts. In addition, they suggest the best apples for certain recipes, including many unconventional varieties that are showing up at greenmarkets and farm stands across North America. Some of the mouthwatering recipes include Poached Eggs and Apple Butter; Crostini with Clams, Bacons, and Apples; Oysters with Apple and Lime Granite; Crisp Pork Belly with Lentils and Applesauce; Gnocchi with Cauliflower, Peas, and Apples; and Applesauce Spice Cake with Penuche Icing.



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