



Bullying Among Older Adults: How to Recognize and Address an Unseen Epidemic

Robin Bonifas PhD MSW

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Studies have revealed the alarmingly high rate at which older adults in senior programs and care settings are bullied by their peers, resulting in profoundly negative effects on the elders, the staff, and the community in which it is occurring. **Bullying Among Older Adults** is the first resource to address this critical issue, providing the knowledge and tools to recognize bullying and develop constructive ways to intervene and prevent it.

Filled with practical resources and examples including learning activities, sample forms, and policy guidelines this guide offers effective intervention strategies to address bullying, including empathy training, empowerment strategies, bystander intervention, and more.

Framed by the voices and actual experiences of the targets and perpetrators of bullying as well as reliable and informative reports on existing research from settings that serve elders, **Bullying Among Older Adults** will be an invaluable resource in creating an atmosphere of caring and respect among both residents and staff.

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