



# I Sleep at Red Lights: A True Story of Life After Triplets

*Bruce Stockler*

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## I Sleep at Red Lights: A True Story of Life After Triplets Bruce Stockler

Bruce Stockler captures the chaos, joy and challenges of becoming the father of triplets in this hilarious, fast-paced, and refreshingly honest memoir.

From the moment Stockler and his wife ,Roni, learn they have hit the fertility jackpot, their lives are turned upside down. The day the babies are born?in an operating room bustling with 30 doctors, nurses and technicians?is the first jolt in a physical and emotional roller-coaster ride. And every day following continues to reveal one unpredictable twist after another. Just going to the supermarket and keeping the kids?and the store?safe from disaster is like an episode from an adventure story. When the triplets start to walk, and explode in three directions at once, they quickly learn to exploit their newfound freedom at every possible turn.

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