



Therapeutic Community: A Practice Guide

Fernando Perfas

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A readable and concise book on Therapeutic Community (TC). The author's style provides an experiential flavor while he attempts an easy to follow description and explanation of various aspects and methods of the TC. Although the book focuses on practical aspects it, nevertheless, offers the theoretical bases of some TC practices in the treatment of addiction. The book describes the current applications of the TC, and traces the origins of some of its practices. Chapters on spirituality in TC, the treatment of adolescent, relapse prevention, the role of family in drug treatment, and research and evaluation are included to cover other scopes of the TC that contribute to its positive treatment outcome.

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