

Eye Chalazion: How To Remove Without Surgery: My personal experience and the methods I used for success (Chalazions, Styes, Cysts: Eye treatment at home without surgery) (Volume 1)

Mr Richard James Clapham PhD

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EYE CHALAZION TREATMENT: How to remove without surgery My personal experience and the methods I used for success. *Revised 2nd Edition* By Richard James Clapham P.hD.

This book is the result of my successful attempt to conquer my large swollen eye chalazion which I had for months.

After understanding the causes of a chalazion and styes, I tested various methods to remove the lump from my eye, resulting in the chalazion swelling completely disappearing from draining away, by using a smooth and soft approach where no cutting or piecing the skin was required. The widely spread technique described online of applying warm compresses does not typically work. It really didn't work for me. I didn't want to undergo surgery and there are some really gruesome videos about showing a cutting and removal approach which made me even more determined to find a successful solution. My focus was to read and understand as much as possible, identify what I had and its causes. After this intensive investigation I began to realise how I could possibly drain the chalazion carefully. My methods thoroughly described in the following chapters almost guarantee to reduce your swelling and hopefully avoid the last resort of taking the lump out whole. This book is short and concise. I didn't want to pad or waffle on we just want to start getting that lump disappearing.



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