



# Ask Supernanny: What Every Parent Wants to Know

*Jo Frost*

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## Ask Supernanny: What Every Parent Wants to Know Jo Frost

Jo Frost, aka "Supernanny," is back to respond to all the new questions from parents who rely on her methods and advice. In ABC's prime time hit series and in her first book, Jo works magic on problem children. The Supernanny method gives parents the tools to tackle any problem, be it mealtime, bathtime, bedtime, bedwetting, homework, sibling rivalry, aggressive behavior, or a child who just won't do what he or she is told. This follow up to the original *Supernanny* will be in a Q&A format, and will include Jo's A to Z for positive reminders of good parenting, tips and practical solutions for family dynamics, mealtimes, bedtimes, home and away, and much more.

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