



Stanislavski in Practice: Exercises for Students

Nick O'Brien

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Stanislavski in Practice is an unparalleled step-by-step guide to Stanislavski's System. Author Nick O'Brien makes this cornerstone of acting accessible to teachers and students alike.

This is an exercise book for students and a lesson planner for teachers on syllabi from Edexcel, WJEC and AQA to the practice-based requirements of BTEC. Each element of the System is covered practically through studio exercises and jargon-free discussion.

Over a decade's experience of acting and teaching makes O'Brien perfectly placed to advise anyone wanting to understand or apply Stanislavski's system.

Features include:

- Practical extension work for students to take away from the lesson
- Notes for teachers on how to use material with different age groups
- Exam tips for students based on specific syllabi requirements
- A chapter dedicated to using Stanislavski when rehearsing a text
- A glossary of terms that students of the System will encounter

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