



## **Nursing, Caring, and Complexity Science: For Human Environment Well-Being**

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# Nursing, Caring, and Complexity Science: For Human Environment Well-Being

**Nursing, Caring, and Complexity Science: For Human Environment Well-Being**

**2011 AJN Book of the Year Winner in Professional Development and Issues!**

*"This collected scholarship...will inform the personal/professional evolution of caring and nursing into this century and beyond, inviting new visions of the evolved human in the world of practice, education, research, administration, and clinical care. It is truly a visionary futuristic manifesto for this time in nursing and health sciences at all levels."*

**Jean Watson, PhD, RN, AHN-BC, FAAN**

University of Colorado Denver College of Nursing

Founder: Watson Caring Science Institute, Boulder, Colorado

(From the Reflection)

This innovative volume explores nursing and complexity science, and investigates how they relate in research, education, and practice. The book examines best methods for using complex systems, with expert contributing authors drawn from nursing, sociology, informatics, and mathematics. Each author is actively involved in studying and applying complexity science in diverse populations and various settings-especially in terms of nursing, chronic care, health care organizations, and community health networks.

Chapters conclude with a response written by a nursing scholar, administrator, or practitioner, focusing on chapter concepts relevant to the complex systems seen in nursing. Chapters also include models that relate how these concepts can be used in practice, management, education, and research-from micro to macro scales. The first of its kind, this book demonstrates the potential of complex systems perspectives in nursing and health care research, education, and practice.

## Key Features

- Presents the central concepts of complexity science as they relate to nursing
- Facilitates greater understanding of human caring relationships through the lens of complex organizational systems
- Provides examples of how to create and implement complex systems models that enhance care for individuals, and in leadership roles, organizational caring, nursing informatics, and research methods

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