



# The Spartan Way

*Nic Fields*

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## **The Spartan Way** Nic Fields

For a period of some 200 years, Sparta was acknowledged throughout the Greek world as the home of the finest soldiers. Xenophon called them 'the only true craftsmen in matters of war'. Nic Fields explains the reasons for this superiority, how their reputation for invincibility was earned (and deliberately manipulated) and how it was ultimately shattered.

The Spartan Way examines how Spartan society, through its rigid laws and brutal educational system, was thoroughly militarized and devoted to producing warriors suited to the intense demands of hoplite warfare - professional killers inculcated with the values of unwavering obedience and a willingness to fight and die for their city. The role of Spartan women, as mothers and wives, in shaping the warrior ethic is considered, as are the role of uniform and rigorous training in enhancing the small-unit cohesion within the phalanx, and the psychological intimidation of the enemy.

The final chapters chart the course of Sparta's successes through the period of the Persian and Peloponnesian Wars, through the Corinthian and Theban wars of the fourth century BC, which culminated with the shattering military defeats at Leuctra and 2nd Mantinea, and the years of her decline with the Spartans as a source of mercenaries for the wars of other states.

## REVIEWS

“...ranks as one of the best books about the ancient world I’ve ever read...lively and informative text...”  
Toy Soldier and Model Figure

Fields, who has written other books on ancient military history, describes the elements of the militaristic Spartan society of ancient Greece, from detailed battlefield strategies to the role of women in Spartan society, and evaluates Sparta's successes and defeats on the battlefield over several centuries. The book features b&w photos of antiquities and modern-day locations, plus b&w maps and battle charts  
ProtoView

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