



How to Shoot Your Age in Golf: The Essential Improvement Guide for Retiree Golfers to Make More Pars, Birdies and Shoot Better Scores

Gary McClure

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A Great Gift for Dad and retirees with over 70 instructional photos & diagrams! I did it! I shot my age in golf—and you can too! This book is for you, a retired “Super Senior” golfer who is 65+ years old and really wants to accomplish the amazing goal of shooting your age in golf. With the help of my co-author, Mike Hogan, PGA Teaching Professional, I, at age 74 with a handicap of 15+, accomplished it twice in my first year of retirement. Since then, I have shot my age, or better, 32 times with a best round of 69. You can do it too! Mike and I will show you how. In this book we will provide recommendations and technical advice for seniors on all aspects of golf, including mental and physical preparation, the long and short game, practice, on-course management, and equipment. “You do not hit the ball with your backswing! Slow it down! Your backswing is all about proper position of the club with your wrists cocked to swing inside-out with acceleration through—not “at” the ball. Holding your wrist-cock as long as possible before impact combined with a full follow-through increases your clubhead speed and shot distance.” – from Chapter 5, “The Long Game” “My most important specific putting recommendation is to get the ball to the hole. There is a familiar and accurate saying that “100% of short putts don’t go in.” A putt left short is an opportunity lost forever! Aim at a spot 12–18 inches beyond the hole—it will result in more putts reaching the hole, and more putts made.” – from Chapter 6, “The Short Game”

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