



Art-Based Supervision: Cultivating Therapeutic Insight Through Imagery

Barbara J. Fish

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Art-Based Supervision is a unique text for graduate supervision classes and seminars as well as a resource for post-graduate supervisors and practitioners. It offers a new view of supervision, one that incorporates both images and words as tools to investigate and communicate the interactions that occur in therapy and in the systems in which clinicians work. The fundamental principles of supervision provided in the book are useful for anyone interested in exploring the use of images to support reflection, understanding, and empathy in their work. Full-color images further enrich the narrative.

In addition to supervision courses, *Art-based Supervision* may be used for introductory art therapy, psychology, social work, and counseling courses for readers interested in a broad range of intimate examples of the challenges of therapeutic work and the use of response art to grasp nuanced communication.

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