



The Mental Side of Golf

Charles M Bonasera

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How about simple step by step techniques that can quickly turn an average golfer into a competitor, practically overnight. What if you could start today with your very own Zone Coach like the one's that the pro golfers use to improve their game. The Mental Side of Golf techniques will find the zone that's right for you and suddenly your golf game will become your own unique game. As football is described as a game of inches,"golf might be depicted as a "game of millimeters." The "fine tuning" that a golfer must develop in order to execute plays has as much to do with the use of the mind as it does with any technical training. Being able to identify successful play and recapture that same feeling in order to repeat it is a mental process that requires specialized training and practice. The Mental Side of Golf provides that training for golfers who can master its technique with practice. This program truly will become the most important and trusted "club" in your bag.

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