

## Love and a Map to the Unaltered Soul

Tina Louise Spalding

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True love is never-ending. It does not refuse or inflict punishment, it does not withdraw or have temper tantrums, and it does not punish. Love always is, and it always emits the same high frequency of absolute, unconditional caring and offering, of growing and creation. Ananda

We think we know what love is, but in Love and a Map to the Unaltered Soul, we are challenged to broaden our definition and free ourselves from constraints we never realized we had. In these pages, you will learn that love is a process of climbing your ladder of consciousness. Through Tina Louise Spalding, Ananda, Jesus, and Mary Magdalene give practical instruction and examples on how to find and keep love at the center of your life.

#### **Chapters Include**

The Unaltered Soul Seeks Experience Move beyond the Physical You Are Part of a Greater Oneness You Can Raise Your Frequency Seek Love Within You Create Your Experiences How to Find Love Align with Love to Find Happiness **Question Your Beliefs Implement Healthy Routines** The Choice Is Yours Forgiveness Demonstrates Love The Only True Actions Add Love to Every Moment A New Approach to Forgiveness Little Ones Need Freedom



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Spent a free time for you to be fun activity to complete! A lot of people spent their down time with their family, or their very own friends. Usually they carrying out activity like watching television, planning to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your personal free time/ holiday? Could be reading a book may be option to fill your free time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to consider look for book, may be the e-book untitled Love and a Map to the Unaltered Soul can be great book to read. May be it may be best activity to you.

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