



Remains of a Cloud: A Farewell to My Bipolar Disorder

Ruth Cohen

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Description

My book at the start describes my very young life in tunis (in north Africa) were i was born and lived with my large family. There, I became aware of a strange sickness on my mom side and i could not pinpoint it.

The political events brought us -me, four siblings and my parents - To the other side of the mediteranean sea. We lived in paris for four years with a sick mom and a dad who had one ideal, to go and settle in israel. eight days in the sea of my childhood and we arrived to the Jewish land. This move was an enlightenment for the family even though our economical status did not improve for a long time. Still we were happy in the land of milk and honey. Already in Paris i did not feel good inside myself, an eternal sadness. And i did not connect my well being with a maternal illness that Seemed to be a chain of depressions where my mom was attached To, it was impossible to free her.

I wanted to understand but as i was so different from my mom, I did not and could not see the tie between us. The delivery of my older son was the beginning of a journey of thirty years were i was extremely sick, not knowing the reason of this malediction: i had to know! Only after twenty-five years i was diagnosed with the sickness called, the bipolar disorder. And for thirty years, in spite of horrendous pains in my body And my soul, i took the way of optimism. I have totally recovered from all symptoms of mental illness. My book is just about that.

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Lola Paolucci:

The reason why? Because this Remains of a Cloud: A Farewell to My Bipolar Disorder is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will distress you with the secret that inside. Reading this book beside it was fantastic author who have write the book in such amazing way makes the content inside of easier to understand, entertaining method but still convey the meaning totally. So , it is good for you because of not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of gains than the other book have such as help improving your talent and your critical thinking approach. So , still want to postpone having that book? If I were being you I will go to the book store hurriedly.

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